Safe and Healthy Beginnings
Learning Session Two
Team Highlights

January 26. 2008
Elk Grove, IL
NYPH-Weill Cornell Komansky Center
Well Baby Nursery
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Early Initiation of Breastfeeding: Interventions

Cycles Performed to Effect Change:

1. Visual reminders in L&D rooms
2. Nursing educational sessions
3. Reminder sticker on bassinette
4. Lactation consultant available to PACU
Early Initiation of Breastfeeding

After each intervention, we looked at every delivery for 2-4 consecutive days in the following week.

<table>
<thead>
<tr>
<th></th>
<th>August</th>
<th>October</th>
<th>November</th>
<th>December</th>
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</thead>
<tbody>
<tr>
<td>Days analyzed</td>
<td>4</td>
<td>2</td>
<td>3</td>
<td>3</td>
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<tr>
<td>Number of total deliveries</td>
<td>51</td>
<td>28</td>
<td>40</td>
<td>37</td>
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<tr>
<td>Number of BF babies born by C-section</td>
<td>16</td>
<td>9</td>
<td>16</td>
<td>14</td>
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<tr>
<td>Number of BF babies born by VD</td>
<td>30</td>
<td>18</td>
<td>20</td>
<td>16</td>
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<tr>
<td>% of BF VD babies put to breast in first 1-2 hrs</td>
<td>48</td>
<td>84</td>
<td>95</td>
<td>94</td>
</tr>
<tr>
<td>% of BF CS babies put to breast in first 1-2 hrs</td>
<td>0</td>
<td>11</td>
<td>12.5</td>
<td>14.3</td>
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</tbody>
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Early Breastfeeding: Results

![Graph showing early breastfeeding rates by month.]

- **% of BF VD** babies put to breast in first 1-2 hrs
- **% of BFCS** babies put to breast in first 1-2 hrs

**Month**
- August
- October
- November
- December
Early Breastfeeding: C-sections

• What are the barriers to early breastfeeding in C-section deliveries?
  – PACU – limited space, staffing
  – Concerns related to infant temperature
  – Physician and nursing attitudes
Early Breastfeeding: Maintenance of Progress and Future Plans

• Interdisciplinary breastfeeding task force
• Nursing and physician education
• Regular review of charts
• Positive reinforcement for staff
• ? PACU redesign
• Increased nursing staff
• Increased lactation consultants