

Sponsored by the American Academy of Pediatrics Section on Obesity



4th  
Annual

*Virtual*

PEDIATRIC OBESITY MANAGEMENT

**COURSE**

THE SPECTRUM OF OBESITY  
CARE: PREVENTION  
THROUGH TREATMENT



**Friday, April 26, 2024**

# 2024 The Spectrum of Obesity Care: Prevention Through Treatment

## Course Description

This course is designed for pediatricians, family physicians, and pediatric allied health professionals seeking to understand key clinical recommendations and improve their skills in promoting healthy active living and managing and treating obesity. Attendees will discuss new policy recommendations, gain practical skills to provide effective obesity care across the health care system, and discover emerging issues in the field.

### Course Topics Include:

- New guidance for promoting healthy active living
- Considerations for implementing IHBLT strategies
- Pharmacotherapy updates
- Advocacy for obesity treatment
- Emerging issues in the field

## Learning Objectives

By the conclusion of this activity, participants will be able to:

- Discuss updated clinical recommendations for promoting healthy, active living and how to use motivational interviewing to have healthy conversations about weight before and during obesity treatment.
- Identify key components for primary care practices to implement evidence-based strategies for obesity treatment.
- Discuss approaches for advocating for insurance coverage for obesity treatment and emerging issues in the field.

For more information contact **Stephanie Womack** at [swomack@aap.org](mailto:swomack@aap.org) | 630-626-6612

## Registration Fees

**Member: \$179**

**National Affiliate Member: \$199**

**Non-member: \$229**

**Trainee (Medical Student, Resident, Fellowship): \$50**

**Register online at: [shop.aap.org/live-activities](https://shop.aap.org/live-activities)**

## Cancellation Policy

We understand that your ability to participate in the virtual course may change even up to the day of the course. Therefore, we will offer full refunds through the start of the course. Cancellation requests must be sent to: [registration@aap.org](mailto:registration@aap.org).



# 2024 The Spectrum of Obesity Care: Prevention Through Treatment

Course Agenda: Friday, April, 26, 2024

**8:00 a.m. CT**

**Welcome & Introductions** | Stephanie Walsh, MD, FAAP, DABOM *Course Director/Moderator*

**8:10 a.m. - 8:40 a.m.**

**Patient Panel**

**8:40 a.m. - 9:15 a.m.**

**Highlights from Revised Clinical Report on Healthy, Active Living** | Natalie Muth, MD, MPH, RD, FAAP

**9:15 a.m. - 9:50 a.m.**

**Addressing Eating Disorders in Obesity Treatment** | Anna Tanner, MD, FAAP

**9:50 a.m. 10:25 a.m.**

**Implementing Intensive Health Behavior & Lifestyle Treatment** | Sarah Armstrong, MD, FAAP

10-minute **Break**

**10:35 a.m. - 11:05 am**

**Morning Q and A Panel with Morning Speakers**

**11:05 a.m. - 12:00 pm** | **Lunch Break**

**12:00 p.m. - 12:35 p.m.**

**Updates on Anti-Obesity Medications** | Brooke Sweeney, MD, FAAP

**12:35 p.m. - 1:20 p.m.**

**Advocacy for Coverage of Obesity Care**

Justin Ryder, PhD (*Medication*)

Alyson Goodman, MD, MPH, FAAP (*IHBLT*)

Kirk Reichard, MD, MBA, FAAP (*Surgery*)

10-minute **Break**

**1:30 p.m. - 2:00 p.m.**

**Afternoon Q & A Panel with Afternoon Speakers**

**2:00 p.m. - 2:45 p.m.**

**Journal Club: Emerging Issues**

Alicia Kunin-Batson, MD

Chisom Okoli, MD

**2:45 p.m. - 3:30 p.m.**

**Regional Breakout with COACH Network**

**3:30 p.m. - 3:45 p.m.**

**Closing Remarks & Adjourn**



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## Continuing Medical Education Credit

The American Academy of Pediatrics (AAP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

- The AAP designates this Other (Internet Live and Internet Enduring) Activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- This activity is acceptable for a maximum of 6.0 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.
- PAs may claim a maximum of 6.0 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit(s)<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society.
- This program is accredited for 6.0 NAPNAP CE contact hours of which 0 contain pharmacology (Rx) content, (0 related to psychopharmacology) (0 related to controlled substances), per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.

## Portfolio MOC 2 Statement

- This activity is approved for 6.0 MOC Part 2 points by the American Board of Pediatrics through the AAP MOC Portfolio Program. All points will be awarded (or must be claimed) based on the MOC activity completion date, which is the date MOC requirements were met. All deadlines and MOC point values should be confirmed by checking the ABP Activity Catalog within each physician's ABP Portfolio. Consult your ABP portfolio at [www.abp.org](http://www.abp.org) for details about your specific certification requirements. For questions about how to access this activity, contact [MOCPortfolio@aap.org](mailto:MOCPortfolio@aap.org).

## Disclosure of Financial Relationships and Resolution of Conflicts of Interest

The AAP Policy on Disclosure of Financial Relationships and Mitigation of Conflicts of Interest is designed to ensure AAP CME activities are balanced, independent, objective, scientifically rigorous and support safe, effective patient care. All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to learners that they either have no financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in CME activities. All potential conflicts of interest are identified and mitigated prior to an individual's confirmation of service at an AAP CME activity. The AAP is committed to providing learners with commercially unbiased CME activities.

*The content of this CME activity does not necessarily reflect the views or policies of the AAP.*



# Registration Form

## 2024 The Spectrum of Obesity Care: Prevention through Treatment

Friday, April 26, 2024 8:00 a.m. - 4:00 p.m. CT

### REGISTER BY ONE OF THE FOLLOWING OPTIONS:

**Online at:** [shop.aap.org/live-activities](http://shop.aap.org/live-activities)

**Call toll-free:** 866-843-2271

Outside the United States and Canada, call 630-626-6000, option 3

**Mail this form with payment to:**

American Academy of Pediatrics/Registration

PO Box 776442, Chicago, IL 60677-6442

**Fax this form to:** 847-228-5059

### PLEASE TYPE OR PRINT

#### NAME

FIRST NAME

LAST NAME (SURNAME)

MD, DO, OTHER (SPECIFY)

#### ADDRESS

CITY/STATE/PROVINCE

ZIP CODE/POSTAL CODE/COUNTRY

CELL NUMBER

E-MAIL ADDRESS

AAP ID#

(REQUIRED TO RECEIVE PRE/POST-COURSE SELF ASSESSMENT QUESTIONS)

### REGISTRATION FEES (U.S. CURRENCY)

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### PAYMENT INFORMATION

Charge it:        

CARD NUMBER

EXPIRATION DATE

PRINT NAME AS IT APPEARS ON CARD

Or checks may be made payable to the American Academy of Pediatrics. (United States only)

CHECK NUMBER

AMOUNT

Please do not send currency.